



St Chad's Church in Wales Primary School

'Always looking to the future'

Headteacher/ Pennaeth
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Newsletter- Wednesday 22nd December

We have made it to the Christmas holiday!

On behalf of everyone at St Chad's School, we would like to wish you a safe, happy and restful Christmas holiday.

As ever, your continued support is much appreciated. We look forward to seeing everyone on Monday 9th January 2023.

Well done to our Christmas card 'Highly Commended' Awards for the Bishop's Christmas Card competition



Forest School will continue indoors for the first few weeks back, so no kit required
We will keep you updated when we go back outdoors.

January	
Monday 9 th	Children back to school
Monday 16 th	Uniform Sale- Before and After School
Tuesday 17 th	Aladdin Performance 2pm
Wednesday 18 th	Aladdin Performance 6pm
Friday 20 th	PC Hulley in
Monday 23 rd	Music Workshop Class 3
Tuesday 24 th	PTA meeting

P.E days

Class 1 (Reception) Monday PM

Class 2 (Year 1 & 2) Tuesday PM

Class 3 (Year 3 & 4) Friday PM

Class 4 (Year 5 & 6) Thursday PM

P.E kit- Plain white t-shirt (with or without the logo) black/navy shorts and pumps/trainers. A plain hoodie/joggers for the colder months.

P.E will start the first week back



BRIAN JONES'
CHRISTMAS TRACTOR RUN
RAISING MONEY FOR NIGHTINGALE HOUSE
& HOPE HOUSE HOSPICES
23RD DECEMBER 2022
★★★★★
TRACTORS ARRIVE 4.30 ONWARDS PUBLIC VIEWING PERMITTED
★★★★★
LEAVE FIELD 6PM PROMPT - TALLARN GREEN - WORTHENBURY - BANGOR ON DEE - OVERTON - PENLEY - HORSEMANS GREEN - HANMER - BETTISFIELD - BRONINGTON - FINISH AT FIELD
★★★★★
START & FINISH AT HANMER JUNCTION A525 ON TO A539 LOOK OUT FOR SIGN POSTS TO FIELD
TIMES THROUGH VILLAGES TO BE UPLOADED ON "BRIAN'S CHRISTMAS TRACTOR RUN" FACEBOOK PAGE

LOOK OUT FOR SANTA

FIELD
WHAT3WORDS
important.decades
salon



Established 1676

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With the very tragic news of the children on Babbs Mill Lake, I would like to share these Winter Water Safety tips with you. The [Royal Life Saving Society](http://www.rsls.org.uk) UK has useful resources.

GOING OUTSIDE IN WINTER

When going outside, the cold temperature and cold winds are two obvious hazards but before you go out, there are other tips to bear in mind:

Staying safe starts at home

- 1. BEFORE YOU GO OUT TO PLAY**
Make sure you've had something to eat and drink to fuel your fun.
- 2. WRAP UP SAFE AND WARM**
- 3. TELL AN ADULT WHERE YOU ARE GOING**
- 4. TAKE SOME WATER TO STAY HYDRATED**
if you're going to be out for a long time.

Wrap up safe and warm

- 1. WEAR LOTS OF LAYERS OF CLOTHES**
(not just a t-shirt and a big coat)
- 2. WEAR A BRIGHTLY COLOURED COAT**
So that cars and other people can spot you easily.
- 3. WEAR A HAT TO KEEP YOUR HEAD WARM**
- 4. DON'T FORGET YOUR FINGERS AND TOES**
Wear some nice thick gloves and socks.
- 5. WATERPROOF BOOTS AND COATS WILL KEEP YOU DRY**



EFFECTS OF THE COLD

We all get a little chilly when we're out in the cold, but we need to make sure that we don't get too cold as this could cause frostbite and hypothermia.

What is frostbite?

Frostbite is when your skin gets so cold that it starts to become damaged.

Look out for these signs of frostbite:

- Your skin may turn pale or even greyish or bluish, and have a waxy look.
- Your extremities (fingers, toes, nose, lips or ears) may feel numb.
- Your skin may feel frozen or stiff, or may even feel itchy or burnt.
- In serious cases, there may be blisters on the skin.
- It might feel painful when your extremities start to warm up.

What is hypothermia?

Hypothermia is when your body gets so cold that it is not able to work properly. People become hypothermic when their body temperature (not the outdoor temperature) drops from 37°C to 35°C.

Look out for these signs of hypothermia:

- You may start shivering.
- You may feel tired or sleepy.
- You may feel confused, not understand what's going on, or find it difficult to remember things.
- You may slur when you talk.
- Your skin might feel cold.

Winter WATER SAFETY

In winter, more people who are walking or running alongside water fall in and drown than in any other season.

Slippery paths, patches of ice and a lack of daylight can make being near water more dangerous than in the summer months. If you fall into the water, the cold temperatures make it difficult for you to control your breathing, to use your hands to climb out and can even cause you to have a heart attack.

So, follow our safety tips to make sure that your winter walks are enjoyable and safe.



KEEP BACK FROM THE EDGE

When walking alongside water keep back from the edge.



ONLY USE WELL LIT AREAS

Time your walks to make the most of the daylight; if you need to walk in the evening only use well-lit areas or take a route not alongside water.



KEEP DOGS ON THEIR LEADS

Keep dogs on their leads when near ice and don't throw sticks or toys onto the ice.



TEACH CHILDREN NOT TO GO ON TO THE ICE

Teach children not to go onto the ice under any circumstances.



DON'T GO ON TO THE ICE TO RESCUE A DOG

Don't go onto ice or into the water to rescue a dog, move to somewhere that the dog will be able to climb out and call them towards you.



For more information visit rsls.org.uk



Christmas dinner day.





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Bishop Gregory's Christmas message



"... for your sakes he became poor, that you, through his poverty, might become rich." (2 Corinthians 8.9)

*A Pastoral Letter for Christmas from the Rt Revd Gregory K Cameron,
Bishop of St Asaph, December 2022*

My mother-in-law used to say that if you wanted to see Faith, Hope and Love in action, you should look at the National Lottery. Everyone seems to have faith that winning the lottery would make them happy, everyone hopes to win, and well, it is all for charity (love) really. She made me think. When the Bible talks about the lottery winning lifestyle, it does so almost always in critical tones. Riches can only weigh a person down with care, make them uncaring to the poor, and dangerously deaf to God and our neighbours.

It is because true riches in the Bible come from being rich in the heavenly sense – rich because we know God, rich because the heart is filled with love, rich because in serving others true peace of mind is achieved.

This Christmas sees the shocking rise of poverty in our nation. The cost of living crisis is hitting people at a level where the cost of heating our homes sufficiently is soaring, food is becoming so expensive that even people in work can sometimes only afford a hot meal for their children, while going without themselves. Many of us will have seen "The Go Kart", an alternative Christmas advert, which makes reference to many of the real hardships that all sorts of people are facing. If we invest our happiness in material prosperity, it will be beyond the reach of so many this Christmas. However, the message of the short video is that "Christmas is made, not bought", and it is a message that faith can echo, for Love is the source of true happiness and not the purchasing power we command.

God was born in Bethlehem as a human child, Jesus, because God wants to commit to being with humanity, helping us to choose love, giving us the spiritual power to become agents of love in the world. This is why Karl Marx was ultimately wrong about religion being the opium of the masses, because faith is not intended to teach us to be content with poverty, but to work to eradicate it in the world. Christian love is an act of commitment to make the world a better place by investing in that which will really bring prosperity – solidarity with the poor, putting ourselves out for others, working for peace and justice, and finding the strength to do this in God's grace.

At a time when many people face a harder Christmas this year than for a long time, I want to encourage you to make the Christmas season by finding ways to invest in others – and not just in the family, but in the wider circles of society; not just among our friends, but for the stranger who is in need. Everyone can do something.

And I pray that the God who was born in Bethlehem will also bring you the joy that comes through faith, the blessing that makes us stronger, a heart that is cleansed and fortified for service by his love. Happy Christmas!

("The Go Kart", produced by Sam Teale Productions, may be found by searching the title on You Tube).



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Merry Christmas

From All the Staff and Children at
St Chad's Church in Wales Aided School



twinkl.com