



St Chad's Church in Wales Aided School Breakfast Club



ST CHAD'S SCHOOL BREAKFAST CLUB

STATEMENT OF PURPOSE

The Aim

The aim of St Chad's School Breakfast Club is to provide a healthy breakfast, in line with Welsh Government guidelines, with play activities in a welcoming, supervised atmosphere.

Who will it serve?

The Club will be operated for pupils between the ages of 3-11 attending St Chad's School, Hanmer. Parents/Carers will be asked to complete a registration form and to book a place in advance.

Opening Hours

The Club will run from 8.00 a.m. to 8.50 a.m., Monday to Friday. Parents **must bring their child to the kitchen door entrance**. Breakfast will be served at 8.00 a.m. The staff appreciate that sometimes you may be running late, but your child will not be accepted after 8.20 a.m. unless prior arrangements have been made.

The Club will be run by Karen Fowles(Who will cook the breakfast), Linda Weatherhead and Katie Challenor will supervise the children in the school hall. All staff are DBS checked and staff will have First Aid qualifications.

Policies

The Club will compile, adhere to and monitor a range of appropriate policy documentation. Policies will be monitored and reviewed on a regular basis.

FOOD SERVED

Breakfast has long been recognised as the most important meal of the day and research suggests that children who have the opportunity to eat a healthy and nutritious breakfast prior to the start of the school day are more likely to achieve their full educational potential.

Providing free breakfast in primary schools is principally intended to ensure not only that our youngest children are given a flying start in life, but also to ensure that the increasing practice of skipping breakfast is stemmed at the earliest possible age.

Food categories Suggested standard items

Milk-based drinks or
yoghurts

Semi-skimmed or skimmed milk (whole milk
permitted in nursery)

Cereals - not coated or
flavoured either alone or in
combination with sugar or
chocolate or cocoa powder*

Whole-wheat cereals

Cornflakes

Rice-based cereals

Shredded wholegrain wheat cereals

Malted wheat squares

Bran flakes

Porridge

*To avoid adding sugar, children should be
encouraged to use fresh fruit and dried fruit as
sweeteners.

Fruit and vegetables* A selection of chopped fresh fruit or dried
fruit to add to the cereals

Fruit canned in natural fruit juice

Unsweetened fruit/vegetable juices

Baked beans in tomato sauce

Tomatoes tinned in juice

*Vegetables must not be fried.

Breads and toppings A variety of breads can be offered.

Toppings include: Polyunsaturated/monounsaturated
margarine, jam, marmalade, honey (thinly
spread)

Activities

After eating the breakfast, the children will have access to a range of games and activities with staff in the hall, or outside if time and weather permits.

Policies we adhere to in the Breakfast Club are available on our website or on request from the office. They include:-

- Positive Behaviour Policy incorporating Anti-Bullying
- Admissions Policy
- Child Protection and Safeguarding Policy
- Equality and Diversity Policy
- Additional Needs Policy
- Health & Safety Policy

“Always looking to the future”

CONSENT FORM FOR ADMINISTRATING MEDICINE

I AGREE TO
ADMINISTRATING

MEDICINE TO MY
CHILD.....

SIGNED.....

DATE.....

INSTRUCTIONS OF DOSAGE AND TIMES:-



St. Chad's Breakfast Club

Child's Name	Class
--------------	-------

Attendance				
Please indicate which days your children will be attending				
Monday	Tuesday	Wednesday	Thursday	Friday
Special Dietary requirements				
Does your child have any food allergies/intolerance? Yes No				
If yes, please provide details				
Other information				
Please provide details of any other information you feel is relevant to your child's attendance at the Breakfast Club				
Contact details in case of an emergency				
Name; Relationship to child			Phone number	
Name; Relationship to child			Phone number	
I confirm that I would like my child to attend the Breakfast Club				
Signature of Parent/Carer				

St Chad's School Breakfast Club

I have read the St. Chad's School Breakfast Club Handbook and agree to the terms and conditions.

I will drop my child/children off to the Club on every occasion s/he/they attend the Club.

I consent to First Aid /emergency treatment being administered to my child/children by a member of the Club staff.

I accept that if my child behaves inappropriately, s/he may not be allowed to attend the Club.

Signed (Parent/Carer)..... Date.....

Signed (Club Staff)..... Date.....